We claim;

1. A noise isolation sheet partially or wholly covering a panel provided inside a car door wherein,

said noise isolation sheet is at least a double layer comprising an outer side sheet and an inner side sheet;

said outer side sheet is a sheet made of a foam body having water absorption of less than 30%;

and said inner side sheet is a sheet made of a foam body having water absorption of 30% or more.

2. A noise isolation sheet provided to a car door comprising a door inner panel and an interior door trim provided inside said door inner panel wherein,

said noise isolation sheet partially or wholly covers said door inner panel;

said noise isolation sheet is at least a double layer comprising an outer side sheet and an inner side sheet;

said outer side sheet is a sheet made of a foam body having water absorption of less than 30%;

and said inner side sheet is a sheet made of a foam body having water absorption of 30% or more.